

CONFERENCE AGENDA

SATURDAY, 1ST NOVEMBER 2025

Day 1

08:00 onwards Registration

08:30 - 09:50 Session 1: Football Medicine
Chairperson: Dr. Mourad Ghrairi

08:30 - 08:45 Diagnostics of Muscle-Tendon Injuries: Are The Current Classifications Good Enough? **Dr. Justin Lee, UK**

08:45 - 09:00 The Athletes Groin: Latest Aspects in Diagnostics and Management **Dr. Gilles Reboul France**

09:00 - 09:15 Working in Elite Football: Chances and Challenges in An Ever Changing Environment **Dr. Dimitrios Kalogiannidis Saudi Arabia**

09:15 - 09:30 AI and Wearable Technology in Football **Dr. Georgios Nassis, UAE**

09:30 - 09:35 Q & A

09:35 - 09:45 Opening Ceremony - Dr. Abdulla Al Rahoomi

09:45 - 10:05 Keynote Speech - Prof. Fares Haddad, UK
Management of Complex Biceps Femoris Injuries: Surgical vs Conservative Management

10:05 - 10:25 Keynote Speech - Dr. Pieter D'Hooghe, UK
Foot & Ankle Injuries In Elite

10:25 - 10:55 Coffee Break & Exhibition

10:55 - 12:00 Session 2: Sports Imaging
Chairpersons: TBA

10:55 - 11:10 Bone Health, DEXA And Its Relation to Bone Stress Injuries **Dr. Elisa Marques, UAE**

11:10 - 11:25 From Sideline To Spotlight: Interventional Radiology In Sports Medicine **Dr. Aser Farghal, UAE**

11:25 - 11:40 Innovation In Sports Imaging: What's New? **Dr. Rola Husain, UAE**

11:40 - 11:45 Q & A

11:45 - 13:05 Session 3: Technology, Analytics And AI In Sports
Chairpersons: TBA

11:45 - 12:00 So Much Data In Sports: How To Make Sense Of It And The Use Of Analytics **Dr. Pedro Figueiredo, UAE**

12:00 - 12:15 The Application of Technology in Sports Injury Prevention **Dr. Raymond So, Hong Kong**



12:15 - 12:30	Microbiome In Sports And Musculoskeletal Health	Mr. Karthikeyan Muthumayandi, UAE
12:30 - 12:45	Will We Ever Be Able To Predict Injuries In Elite Sports? Current Status And Considerations	Mr. Joao Brito, Portugal
12:45 - 13:00	Innovative Recovery Method For Athletes: From Theory To Practice	Dr. Wael Daab, UAE
13:00 - 13:05	Q & A	

13:05 - 13:50 Lunch Break

13:50 - 14:55 Session 4: Elbow & Shoulder Injuries Chairpersons: TBA

13:50 - 14:05	Labrum Shoulder Injuries- Do's And Don't's?	Dr. Hasan Baydoun, UAE
14:05 - 14:20	Rehabilitation Considerations In The Prevention Of Recurrent Shoulder Instability In Field Sport Athletes	Mr. Carel Hugo, UAE
14:20 - 14:35	The Elbow Snapping Triceps In Body Builder	Dr. Marouane Bouloudhnine, UAE
14:35 - 14:50	The Chronic Instability In The Athlete's Elbow	Dr. Seif Swalha, UAE
14:50 - 14:55	Q & A	

14:55 - 15:25 Coffee Break

15:25 - 16:45 Session 5: Regenerative And Recovery Medicine Chairpersons: TBA

15:25 - 15:40	TBA	TBA (BALCHEM)
15:40 - 15:55	Hyperbaric Oxygen Therapy in Sports Medicine: The Champion's Edge	Dr. Engy Shahbander, UAE
15:55 - 16:10	PRP vs PRP/HA in Tendon Injuries (Regenlab - Non CME Symposium)	Dr. Haytham Salem, UK
16:10 - 16:30	Genomics in Sport Performance, Recovery Nutrition: Protein Timing, Polyphenols, and Anti-Inflammatory Diets	Dr. Thyago Cardoso, UAE Mr. Farah Hilou, UAE
16:30 - 16:45	The Hidden Edge In Sports Nutrition: Empowering Athletes For Behaviour Change	Mrs. Yuri Nemoto, UAE
16:45 - 16:50	Q & A	

End of Day 1



08:00 onwards Registration

08:30 - 10:10 **Session 1: The Female Athlete** Chairpersons: TBA

08:30 - 08:45	Performance And Health In Elite Female Tennis Players	Prof. Babette Pluim Netherlands
08:45 - 09:00	Female Paralympic	Prof. Wayne Darman South Africa
09:00 - 09:15	The Comeback After Giving Birth To A Child: The Winning Mentality	Dr. Kate Jordan, UAE
09:15 - 09:30	Equality Between Men and Women in Sports: Are We There Yet?	Dr. Mariana Kaiseler, UK
09:30 - 09:45	Avoiding The 'REDs' Card: Relative Energy Deficiency In Sport	Dr. Margo Mountjoy, Canada
09:45 - 10:05	Empowering Women Wellbeing In Sport Increasing Women In Sport Participation	H.E. Hanan Al Mahmoud, UAE Ms. Aisha Abulzoud, UAE
10:05 - 10:10	Q & A	

10:10 - 10:35 **Coffee Break & Exhibition**

10:35 - 12:10 **Session 2: Pediatric / Adolescent; Development, Safety And Performance** Chairpersons: TBA

10:35 - 10:50	Decoding Growth And Maturation In Football Academy To Optimise Injury Risk Mitigation & Player's Development	Dr. Olivier Materne Belgium
10:50 - 11:05	Psychological Aspects: Mental Health, Burnout, Parental Pressure And Body Image Concerns	Dr. Dina Joksimovic, UAE
11:05 - 11:20	Athletic Development: Early Specialization VS. Multisport Participation And Strength Training, The Current Deficiencies In Preparticipation CVS Screening Guidelines	Prof. Antoine AbelMassih UAE
11:20 - 11:35	Cardiac Conditions And Screening In Athletes	Dr. Ahmed Taiseer Gabroun, UAE
11:35 - 11:50	Update Approach To Exercise Induced Bronchospasm	Dr. Yaser Madani, UAE
11:50 - 12:05	Oral Health Data Analysis As A Tool In The Prevention Of Muscular And Articular Injuries For Professionnal Athletes	Dr. Maher Zahar, Tunisia
12:05 - 12:10	Q & A	

12:10 - 13:30 **Session 3: Wrist and Hand Injuries** Chairpersons: TBA

12:10 - 12:35	TFCC: When And How To Address Surgically?	Dr. Shoaib Arshad (UAE)
12:25 - 12:40	Comprehensive Approach On Finger Dislocations?	Dr. Sami Hassan (UAE)



12:40 - 12:55	Stener Lesion From Diagnosis To The Field?	Dr. Khalid AlAwadi, UAE
12:55 - 13:10	Hand Therapy for the Athlete with Triangular Fibrocartilage Complex Injury	Mr. Arthur Blair Agero Jr., UAE
13:10 - 13:25	Combat Sport Injuries of the Hand and Wrist	Prof. Doug A. Campbell, UK
13:25 - 13:30	Q & A	

13:30 - 14:15 **Lunch Break**

14:15 - 15:35 **Session 4: Lower Extremities** Chairpersons: TBA

14:15 - 14:30	Meniscus Grafts Surgical Considerations / Return To Sports	Dr. Sammy Hanna, UAE
14:30 - 14:45	Consensus On The Management Of Knee Cartilage Injuries In Football Players	Dr. Jad Mansour, Canada
14:45 - 15:00	Ankle OCD Lesions, Surgical and Post Surgical Considerations	Dr. Leslie Canon, UAE
15:00 - 15:15	Management of Traction Apophysitis in the Younger Elite Athletes	Ed Clarke, UK
15:15 - 15:20	Q & A	

15:20 - 15:50 **Coffee Break**

15:50 - 16:55 **Session 5: Rehabilitation And Return To Sports** Chairpersons: TBA

15:50 - 16:05	Testing In The Rehab Process: What, When And Why?	Dr. Hamad AlKaabi, UAE
16:05 - 16:20	Load Management In Tendinopathy: What Works And What Doesn't	Dr. Nebojsa Popovic, Qatar
16:20 - 16:35	Muscle-Tendon Imbalances in Sport and Exercise: Relevance for Injury Prevention and Rehabilitation	Prof. Kiros Karamanidis Germany
16:35 - 16:40	Q & A	
16:40 - 16:55	Closing Ceremony	

End of Day 2

